

Date of Initial Consultation: \_\_\_\_\_ Who is present at initial consult: \_\_\_\_\_  
*[The above is for office use only]*

Name of patient: \_\_\_\_\_ Male \_\_\_ Female \_\_\_ Wt \_\_\_\_\_ Ht \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age \_\_\_\_\_

Physician/Pediatrician: \_\_\_\_\_ Allergies: \_\_\_\_\_

Who has legal custody? \_\_\_\_\_

Name of mother: \_\_\_\_\_ Mother's employer: \_\_\_\_\_

Mother's home phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Email address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Name of Father: \_\_\_\_\_ Father's employer: \_\_\_\_\_

Father's home phone: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Emergency contact: (Name and phone)

Name of Specialists: \_\_\_\_\_ Institution: \_\_\_\_\_

List any diagnoses or explanations you have been given for your child:

\_\_\_\_\_

Who provided the diagnosis? \_\_\_\_\_

Age at time of diagnosis: \_\_\_\_\_

Do the biological siblings have any diagnoses? \_\_\_\_\_

What are your goals with us today? \_\_\_\_\_

Is your child on any time-release, delayed-release, or extended-release medication? \_\_\_\_\_

Does your child have a Medicaid card? \_\_\_Y \_\_\_N The Title 19 Waiver Program? \_\_\_ Y \_\_\_N

Is/Was your child in the Birth to Three Program? \_\_\_Y \_\_\_N

**Please bring copies of any tests or lab work that have been done for your child.**

Please attach a toddler photo and a current photo if possible.

**A. Maternal Health (Biological Mother)**

1. Y\_\_\_ N\_\_\_ Is this your biological child?

*(If no, please answer numbers 2-7 for the biological mother if you have the information; otherwise go on to Section B)*

2. Y\_\_\_ N\_\_\_ History of miscarriages. If yes, how many? \_\_\_\_\_

3. \_\_\_\_\_ Number of "silver" dental fillings (amalgams) at time of pregnancy

4. Y\_\_\_ N\_\_\_ Did you have any new silver fillings put in, or any old ones repaired or removed during the pregnancy?

5. Y\_\_\_ N\_\_\_ Did you receive any vaccinations during the pregnancy?

6. Y\_\_\_ N\_\_\_ Did you receive any flu shots during the pregnancy? How many? \_\_\_\_\_

7. \_\_\_\_\_ Mother's Rh status, if known ( + or - )

8. Y\_\_\_ N\_\_\_ Did you ever receive Rhogam shots? How many? \_\_\_\_\_

9. Y\_\_\_ N\_\_\_ Mother's thyroid status: (Circle) Normal Hyperthyroid Hypothyroid (Low)

10. Y\_\_\_ N\_\_\_ Diabetic

Name:

11. Mother's occupation before and during pregnancy: \_\_\_\_\_
12. During the pregnancy, did you use any: (All answers are kept strictly confidential)  
 Y\_\_ N\_\_ Street Drugs Please list: \_\_\_\_\_  
 Y\_\_ N\_\_ Alcohol \_\_\_\_\_  
 Y\_\_ N\_\_ Cigarettes How many packs a day? \_\_\_\_\_  
 Y\_\_ N\_\_ Prescription Drugs Which ones: \_\_\_\_\_  
 Y\_\_ N\_\_ Were you on SSRI's? (For depression or anxiety) \_\_\_\_\_

### B. The Pregnancy

1. Any problems with the pregnancy? Y\_\_ N\_\_  
 If yes, please describe: \_\_\_\_\_
2. Y\_\_ N\_\_ Bacterial Infections \_\_\_\_\_
3. Y\_\_ N\_\_ Antibiotics \_\_\_\_\_
4. Y\_\_ N\_\_ Hospitalized during the pregnancy? \_\_\_\_\_
5. Y\_\_ N\_\_ Use of fertility drugs \_\_\_\_\_
6. Y\_\_ N\_\_ In-vitro fertilization \_\_\_\_\_

### C. The Birth

1. \_\_ Vaginal  
 \_\_ C-Section Reason: \_\_\_\_\_  
 \_\_ VBAC(Vaginal Birth after C-Section)
2. Y\_\_ N\_\_ Was labor induced? \_\_\_\_\_
3. Y\_\_ N\_\_ Medications used during labor: \_\_\_\_\_
4. Y\_\_ N\_\_ Medications used during delivery: \_\_\_\_\_
5. Y\_\_ N\_\_ Full term \_\_\_\_\_
6. Y\_\_ N\_\_ Premature If yes, how many weeks early? \_\_\_\_\_
7. \_\_/\_\_/\_\_ APGAR Scores (Or do you remember if they were they good or poor? \_\_\_\_\_)
8. Birth weight: \_\_\_\_\_
9. Complications: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
10. Y\_\_ N\_\_ Was there any concern for birth trauma? \_\_\_\_\_
11. Medications given to baby at the hospital: \_\_\_\_\_  
 \_\_\_\_\_
12. Y\_\_ N\_\_ Did the baby receive any antibiotics at the hospital? \_\_\_\_\_

### D. Infancy/Toddler Years Birth to 2 years of age(attach 2 photos if possible)

1. Y\_\_ N\_\_ Breastfed? For how long? \_\_\_\_\_
2. Y\_\_ N\_\_ Bottle-fed? \_\_\_\_\_
3. Y\_\_ N\_\_ Difficulty latching on? \_\_\_\_\_
4. Y\_\_ N\_\_ Difficulty swallowing? \_\_\_\_\_
5. \_\_\_\_\_ At what age were foods introduced?
6. Y\_\_ N\_\_ Excessive drooling? \_\_\_\_\_
7. Y\_\_ N\_\_ Poor head control - "Floppy baby"? (Low muscle tone) \_\_\_\_\_
8. Y\_\_ N\_\_ Colic or reflux \_\_\_\_\_
9. Y\_\_ N\_\_ Would "crash" when sick → got dehydrated or even hospitalized. \_\_\_\_\_
10. Y\_\_ N\_\_ History of thrush? (White overgrowth in mouth) How many times? \_\_\_\_\_
11. Y\_\_ N\_\_ History of strep How many times? \_\_\_\_\_ Antibiotics? Y\_\_ N\_\_
12. Y\_\_ N\_\_ Ear infections How many times? \_\_\_\_\_ Antibiotics? Y\_\_ N\_\_

Name: \_\_\_\_\_

13. Y\_\_ N\_\_ Seizures?  
 14. Y\_\_ N\_\_ Vaccine reactions. Describe: \_\_\_\_\_  
 15. Y\_\_ N\_\_ Asthma  
 16. Y\_\_ N\_\_ Known allergies List: \_\_\_\_\_  
 17. Y\_\_ N\_\_ Prone to diaper rash  
 18. Y\_\_ N\_\_ Prone to body rashes Location: \_\_\_\_\_  
 19. Y\_\_ N\_\_ Red ring around the anus/cracking/bleeding

20. Texture of bowel movements:(Age 2 years and younger)

- hard "rabbit pellets"  
 enormous rock hard bowel movements  
 formed, hard  
 formed, soft (normal)  
 "mashed potatoes"  
 diarrhea  
 diarrhea **and** constipation

21. Describe sleep habits as an infant and as a toddler:  
 \_\_\_\_\_

22. How often were the bowel movements as an infant? \_\_\_\_\_

23. Y\_\_ N\_\_ Had to use laxatives or stool softeners  
 24. Y\_\_ N\_\_ Hospitalized for constipation at age 2 years or younger  
 25. Y\_\_ N\_\_ Bowel movements were very foul smelling  
 26. Y\_\_ N\_\_ Excessively gassy  
 27. Y\_\_ N\_\_ Gas was very foul-smelling  
 28. Y\_\_ N\_\_ Caught a lot of colds as an infant

29. List any surgeries or procedures, age 2 or younger: \_\_\_\_\_

30. CDC's Developmental Health Watch (by 12 months) **Circle all that apply.**

- Does not crawl
- Drags one side of body while crawling (for over one month)
- Cannot stand when supported
- Does not search for objects that are hidden while he or she watches
- Says no single words ("mama" or "dada")
- Does not learn to use gestures, such as waving or shaking head
- Does not point to objects or pictures
- Experiences a dramatic loss of skills he or she once had.

31. CDC's Developmental Health Watch (by 24 months) **Circle all that apply.**

- Did not walk by 18 months
- Failed to develop a mature heel-toe walking pattern after several months of walking, or walked only on the toes
- Did not speak at least 15 words
- Did not use two-word sentences by age 2
- By 15 months, did not seem to know the function of common household objects (brush, telephone, bell, fork, spoon)
- Did not imitate actions or words by the end of this period
- Did not follow simple instructions by age 2
- Could not push a wheeled toy by age 2
- Experienced a dramatic loss of skills he or she once had

Name:

32. Choose from the following three scenarios:

- Your child hit milestones and spoke on time, then abruptly changed and was "lost".  
 Your child was never really right from birth, didn't hit milestones or speak on time.  
 Your child was developing normally, and then just hit a plateau. (no abrupt change)  
 Other: \_\_\_\_\_

33. Y\_\_ N\_\_ If your child had speech and then lost it at some point

Age when speech was lost: \_\_\_\_\_

Describe: \_\_\_\_\_

34. Please describe any illness, surgery, vaccines, antibiotics, etc. that occurred at the time of the speech loss: \_\_\_\_\_

35. Y\_\_ N\_\_ Good eye contact? Circle one: Excellent Good Fair Poor None

36. Y\_\_ N\_\_ Known genetic disorders

37. Y\_\_ N\_\_ Known metabolic disorders

### **E. Older childhood (2 years of age and up)**

1. What is your child's primary form of communication? (Example: Speaking, Proloquo2Go, PECS, etc.)

\_\_\_\_\_

2. Please check all that apply:

- Does your child speak now?  
 Does your child understand what is being said to him?  
 Does he/she express needs and wants?  
 Does he use "I want" statements?  
 Will he/she go get items that you ask for?  
 Does he answer by repeating your question?  
 Does he/she initiate conversations?

3. Describe his speech: (Check all that apply.)

- 0 words, mumbles, makes some noises  
 1-2 words in a row  
 3-4 words in a row  
 1 sentence at a time  
 2-3 sentences in a row  
 Many sentences in a row  
 Language is highly developed, and appropriate  
 A "wall" of one-way conversation, always talking, doesn't need you to answer  
 Can sustain a back-and-forth conversation, not just reply to questions

4. Y\_\_ N\_\_ Repeats stories he/she has heard on TV (scripting)

5. Y\_\_ N\_\_ Echoes or repeats what you say

6. Y\_\_ N\_\_ Repeats some words or phrases over and over all day

7. Y\_\_ N\_\_ Speaks in a mechanical voice

8. Y\_\_ N\_\_ Speaks in a singsong voice

9. Y\_\_ N\_\_ Concrete thinking (does not understand slang phrases, takes words literally)

10. Y\_\_ N\_\_ Has a sense of humor and easily understands jokes

11. Y\_\_ N\_\_ Has a sense of humor, but does not get jokes most of the time

Name:

**Sensory:**

1. Y\_\_ N\_\_ Any rocking, hand flapping, swinging, twirling?
2. Y\_\_ N\_\_ Sensitive to noise/sounds  
Describe: \_\_\_\_\_
3. Y\_\_ N\_\_ Does not like the texture of finger paints, odor of Playdoh, etc.
4. Y\_\_ N\_\_ Sensitive to textures of food
5. Y\_\_ N\_\_ Sensitive to hot or cold foods
6. Y\_\_ N\_\_ Does not like to have teeth brushed
7. Y\_\_ N\_\_ Sensitive to smells
8. Y\_\_ N\_\_ Sensitive to light
9. Y\_\_ N\_\_ Bothered by seams and tags on clothing
10. Y\_\_ N\_\_ Likes to be hugged or touched
11. Y\_\_ N\_\_ Pressure is calming
12. Y\_\_ N\_\_ Sensory seeker (Loves to swing, twirl, jump, textures no problem)
13. Y\_\_ N\_\_ Sensory avoider (avoids the playground equipment, textures are a problem)
14. Y\_\_ N\_\_ Gets overwhelmed by crowds, Wal-Mart, the mall, parties, etc.
15. Y\_\_ N\_\_ High pain tolerance Describe: \_\_\_\_\_

**Vision Therapy Screening Section:**

1. Y\_\_ N\_\_ Good eye contact Circle one: Excellent Good Fair Poor None (1a)
2. Y\_\_ N\_\_ Finger stimming/flapping right in front of eyes
3. Y\_\_ N\_\_ Does he or she do any sideways glancing?
4. Y\_\_ N\_\_ Holds toys up very close to eyes, or just above or to the side of eyes
5. Y\_\_ N\_\_ Head frequently tilted to one side
6. Y\_\_ N\_\_ History of Lazy Eye Which eye? Circle: R L
7. Y\_\_ N\_\_ Has had the lazy eye corrected with surgery
8. Y\_\_ N\_\_ Are eyes crossed? (Strabismus)
9. Y\_\_ N\_\_ Has dyslexia
10. Y\_\_ N\_\_ Other visual impairments List: \_\_\_\_\_
11. Y\_\_ N\_\_ Avoids homework, has been called "lazy"
12. Y\_\_ N\_\_ Is very intelligent, but makes poor grades in school
13. Y\_\_ N\_\_ Skips over lines when reading
14. Y\_\_ N\_\_ Dislikes or avoids reading
15. Y\_\_ N\_\_ Dislikes movies in 3-D
16. Y\_\_ N\_\_ Is careful on the stairs, holds the rail, one foot at a time, sits down to do stairs, etc.
17. Y\_\_ N\_\_ Catches a ball easily and accurately
18. Y\_\_ N\_\_ Ball Refusal - Turns away from the ball to avoid being hit by it
19. Y\_\_ N\_\_ Sometimes trips or stumbles over nothing; tends to be clumsy
20. Y\_\_ N\_\_ Sometimes bumps into the door frame when going through a doorway
21. Y\_\_ N\_\_ Has had prism lenses or Vision Therapy? When? \_\_\_\_\_

**Learning:**

1. How is your child doing in school? \_\_\_\_\_
2. Y\_\_ N\_\_ Has learning difficulties
3. Y\_\_ N\_\_ Fine motor skills are poor (difficulty writing letters, e.g.)
4. Y\_\_ N\_\_ Performs work on his/her grade level?
5. Y\_\_ N\_\_ Has been held back a grade before
6. Y\_\_ N\_\_ Is currently being homeschooled
7. Y\_\_ N\_\_ Has been homeschooled in the past
8. Y\_\_ N\_\_ Is your child in an Autism or Special Education class?
9. Y\_\_ N\_\_ Does your child hit, kick, bite, etc. other students or teachers?
10. How is your relationship with the school? \_\_\_\_\_

Name:

**GI and Immune:**

1. Y\_\_ N\_\_ Skin is very pale
2. Y\_\_ N\_\_ Dark under-eye circles Circle: mild moderate dark very dark
3. Y\_\_ N\_\_ Puffiness under lower lashes
4. Y\_\_ N\_\_ Frequent runny nose / Seasonal allergies
5. Y\_\_ N\_\_ Frequent, brief grabbing at penis or vaginal area, as if felt a sharp pain
6. Y\_\_ N\_\_ Cheeks and ears sometimes flush bright red for no reason (Not when exercising or has a fever, just at odd random times)
7. Y\_\_ N\_\_ Eats inedible things (pica)
8. Y\_\_ N\_\_ Known or suspected allergies or sensitivities  
Please list: \_\_\_\_\_
9. Y\_\_ N\_\_ Celiac disease
10. Y\_\_ N\_\_ Never gets sick
11. Y\_\_ N\_\_ Catches every cold "coming and going"
12. Y\_\_ N\_\_ Sinus infections How many? \_\_\_\_ Antibiotics: Y\_\_ N\_\_
13. Y\_\_ N\_\_ Ear infections over the age of 2? Y\_\_ N\_\_ How many? \_\_\_\_\_
14. Y\_\_ N\_\_ Do any smokers live in the home?
15. Y\_\_ N\_\_ Does your child seem less autistic when they have a fever?
16. Y\_\_ N\_\_ Strep infections
17. Y\_\_ N\_\_ Currently has some warts
18. Y\_\_ N\_\_ Molluscum contagiosum
19. Y\_\_ N\_\_ Cold sores (fever blisters)
20. Y\_\_ N\_\_ Asthma
21. Y\_\_ N\_\_ Eczema
22. Y\_\_ N\_\_ Rashes
23. Y\_\_ N\_\_ Hives
24. Y\_\_ N\_\_ Dermatographism – you can read a word that is "written" on the skin with a finger (welts up)
25. Y\_\_ N\_\_ Ringworm

**Dysbiosis Screening:**

1. Y\_\_ N\_\_ Silly, "drunken" laughter when nothing is funny
2. Y\_\_ N\_\_ Cheeks have bumpy red patches.
3. Y\_\_ N\_\_ Red ring around the anus
4. Y\_\_ N\_\_ Rectal or vaginal itching
5. Y\_\_ N\_\_ Cracking or peeling hands or feet
6. Y\_\_ N\_\_ Ridged, discolored nails or toenails
7. Y\_\_ N\_\_ Jock itch or athlete's foot
8. Check all that apply:  
 Wet hair smells funny or like a wet dog  
 Scalp is crusty or flaky  
 Dry flaky skin around the ears, eyebrows or nose  
 Persistent cradle cap
9. Y\_\_ N\_\_ Urinary tract infections How many? \_\_\_\_
10. Y\_\_ N\_\_ Kidney infections
11. Y\_\_ N\_\_ Frequently grabs penis or vaginal area
12. \_\_\_\_\_ How many rounds of antibiotics has your child had in their entire life?
13. Y\_\_ N\_\_ Has used Diflucan, Nystatin or other antifungals. How many times? \_\_\_\_\_
14. Y\_\_ N\_\_ Spaced out, foggy, in a different world
15. Y\_\_ N\_\_ Cravings for desserts and sugary foods
16. Y\_\_ N\_\_ Depression or irritability

Name:

**Tics and Obsessive Tendencies:**

1. Y\_\_ N\_\_ Sudden, brief involuntary muscle movements or jerks
2. Y\_\_ N\_\_ Repetitive blinking, snorting or coughing, touching the nose, smelling objects
3. Y\_\_ N\_\_ Picking at skin until it is raw
4. Y\_\_ N\_\_ Sudden, brief involuntary vocalizations or sounds
5. Y\_\_ N\_\_ Has a known tic disorder such as Tourette syndrome, for example
6. Y\_\_ N\_\_ Has rigid, inflexible routines
  - Routines are functional (Useful but rigid routines) \_\_\_\_\_
  - Routines are non-functional. (Strange obsessive/compulsive type) \_\_\_\_\_

**Mitochondrial screening section:**

- Y\_\_ N\_\_ Poor muscle tone  
 Y\_\_ N\_\_ Curved back, "C" shape when sitting  
 Y\_\_ N\_\_ Difficulty knowing self in space  
 Y\_\_ N\_\_ Tires easily  
 Y\_\_ N\_\_ Eye-hand coordination is poor  
 Y\_\_ N\_\_ Joints are hyper-flexible  
 Y\_\_ N\_\_ Expressive and Receptive speech is poor  
 Y\_\_ N\_\_ "Crashes" when they get sick → gets dehydrated or even hospitalized?

**Sleep Patterns:** (check all that apply) Usual Bedtime: \_\_\_\_\_

Wake-up Time: \_\_\_\_\_

- Falls asleep easily  
 Difficulty falling asleep Circle one: Always Frequently Occasionally Never  
 Once asleep, stays asleep all night and body is peaceful and calm  
 Once asleep, stays asleep all night but body is restless, tosses and turns (covers all torn up)  
 Awakens once a night, and goes right back to sleep  
 Frequent night awakenings  
 Does not go back to sleep easily  
 Not unusual to "be up for the day" at extremely early hour, e.g. 2 or 3 a.m.  
 Other, describe: \_\_\_\_\_  
 Sleeps in own bed  
 Sleeps with parents  
 Sleeps more than normal  
 Sleeps less than normal

1. Y\_\_ N\_\_ Moans or cries in sleep
2. Y\_\_ N\_\_ Sweat at night
3. Y\_\_ N\_\_ Nightmares
4. Y\_\_ N\_\_ Night terrors
5. Y\_\_ N\_\_ Sleep walks
6. Y\_\_ N\_\_ Takes melatonin How much? \_\_\_\_\_
7. Y\_\_ N\_\_ Takes Clonidine or other prescription medication for sleep
8. Y\_\_ N\_\_ Uses Essential Oils for sleep Circle one: Diffused into air Rubbed into skin
9. How many caffeinated drinks are consumed each day? \_\_\_\_\_

**Miscellaneous:**

1. What is your child's exercise level?  
 Y\_\_ N\_\_ Completely sedentary  
 Y\_\_ N\_\_ Not much exercise  
 Y\_\_ N\_\_ Moderate level of exercise  
 Y\_\_ N\_\_ High level of exercise  
 Y\_\_ N\_\_ Plays on a sports team Which sport? \_\_\_\_\_

Name:

- 2. Y\_\_ N\_\_ History of being sexually, physically or verbally abused (Circle all that apply)
- 3. Y\_\_ N\_\_ Headaches Describe: \_\_\_\_\_
- 4. Y\_\_ N\_\_ Visual Hallucinations
- 5. Y\_\_ N\_\_ Auditory Hallucinations

Dietary History: Organic Foods  Non-organic Foods  Partially organic diet

Vegetables: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Fruits: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Dairy: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Meats: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Snacks: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Seeds \_\_\_\_\_  
 Nuts \_\_\_\_\_  
 Beans \_\_\_\_\_  
 Legumes \_\_\_\_\_

Breads, pastas, pizzas, rice, etc: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

- 1. Y\_\_ N\_\_ Difficulty swallowing
- 2. Y\_\_ N\_\_ Difficulty chewing
- 3. Y\_\_ N\_\_ Picky eater
- 4. Y\_\_ N\_\_ Artificial sweeteners
- 5. Y\_\_ N\_\_ Attitude or mood changes after meals
- 6. Foods that are demanded or wanted every day: \_\_\_\_\_
- 7. If your child were on a desert island, which 3 foods would he take with him?
- 8. Y\_\_ N\_\_ Drinks a lot of milk. (white/chocolate/strawberry) # of glasses per day: \_\_\_\_\_  
 How much would he/she drink if you let him have all he wanted? \_\_\_\_\_
- 9. Y\_\_ N\_\_ Ever been on the Gluten-free/Casein-free Diet For how long? \_\_\_\_\_  
 Was it done strictly? \_\_\_\_\_ What happened? \_\_\_\_\_
- 10. Y\_\_ N\_\_ Any other diets? (Specific Carbohydrate, Feingold Diet, Low Oxalate Diet, Candida)

Name: \_\_\_\_\_

**Bowel Habits:**

Use the following chart to describe your child's stools: Circle all that apply.

**Bristol Stool Chart**

Type 1		Separate hard lumps, like nuts (hard to pass)
Type 2		Sausage-shaped but lumpy
Type 3		Like a sausage but with cracks on its surface
Type 4		Like a sausage or snake, smooth and soft
Type 5		Soft blobs with clear-cut edges (passed easily)
Type 6		Fluffy pieces with ragged edges, a mushy stool
Type 7		Watery, no solid pieces. <b>Entirely Liquid</b>

Check all that apply:

- Enormous bowel movements
- Diarrhea **and** constipation
- Don't know, don't go in with him/her anymore
- Undigested food present in stools
- Mucus in the stools
- Sandy or gritty-looking stools
- Sticky stools, or child has trouble cleaning self after BM, uses too much toilet paper

12. Y\_\_ N\_\_ Do you give any enemas, suppositories, laxatives, etc?

13. Y\_\_ N\_\_ Does your child have to crouch/perch on the toilet seat to have a bowel movement?

14. How often does he or she have a bowel movement? \_\_\_\_\_

15. Y\_\_ N\_\_ Foul-smelling bowel movements (more than "normal")

16. Y\_\_ N\_\_ Gassiness

17. Y\_\_ N\_\_ Foul-smelling gas

18. What does his/her breath smell like?
- Not bad
  - Like freshly baked bread
  - Stinky, bad
  - Just like poop

Name:

19. Y\_\_ N\_\_ Abdominal bloating?  
 20. Y\_\_ N\_\_ Does he/she drape their tummy or lean over tables, chairs, or arms of couches?  
 21. Y\_\_ N\_\_ Presses tummy up against the edges of tables or stands?  
 22. Y\_\_ N\_\_ Self-injuring behavior \_\_\_\_ Only when angry \_\_\_\_ Random, no reason  
 23. Y\_\_ N\_\_ Random sadness or crying, or unexplained tantrums  
 24. Y\_\_ N\_\_ Head-banging \_\_\_\_ Only when angry \_\_\_\_ Random, no reason  
 25. Y\_\_ N\_\_ Has inflammation of the esophagus, stomach or intestinal tract  
 How was this confirmed? \_\_\_\_\_  
 26. Y\_\_ N\_\_ Does he/she grind her teeth at night?  
 27. Y\_\_ N\_\_ Are there pets in the home now? Describe: \_\_\_\_\_  
 Are they indoor or outdoor pets?: \_\_\_\_\_  
 Were there pets around when your child was a baby? \_\_\_\_\_  
 28. Y\_\_ N\_\_ Spotting of feces in underwear  
 29. Y\_\_ N\_\_ Potty-trained At what age? \_\_\_\_\_  
 30. Y\_\_ N\_\_ Stays dry at night  
 31. Y\_\_ N\_\_ Seems to urinate excessively

**Reflux screening section:**

- Y\_\_ N\_\_ Has known reflux  
 Y\_\_ N\_\_ Swallows or clears throat frequently  
 Y\_\_ N\_\_ Has the tooth enamel been eroded by gastric acid?  
 Y\_\_ N\_\_ Facial grimacing  
 Y\_\_ N\_\_ Gritting teeth  
 Y\_\_ N\_\_ Wincing  
 Y\_\_ N\_\_ Sighing, groaning  
 Y\_\_ N\_\_ Burping  
 Y\_\_ N\_\_ Pacing around the house, hyperactive, jumping up and down  
 Y\_\_ N\_\_ Puts off going to sleep  
 Y\_\_ N\_\_ Frequent waking at night  
 Y\_\_ N\_\_ Falls asleep propped up in bed, propped up on couch, or bent over a pillow

**Seizures:**

1. Y\_\_ N\_\_ Staring spells  
 2. Y\_\_ N\_\_ Seizures  
 Type of seizures: \_\_\_\_\_  
 Frequency of seizures: \_\_\_\_\_  
 Date of last seizure: \_\_\_\_\_  
 Do you carry the Diastat suppository? \_\_Y\_\_N

**Signs of zinc deficiency:**

- Y\_\_ N\_\_ Has white dots or lines on fingernails  
 Y\_\_ N\_\_ Acne/sparse hair/psoriasis  
 Y\_\_ N\_\_ Canker sores  
 Y\_\_ N\_\_ Chews on toys, objects, clothing

**Signs of a magnesium deficiency:**

- Y\_\_ N\_\_ Muscle twitches/tingling  
 Y\_\_ N\_\_ Sighing  
 Y\_\_ N\_\_ Salt craving  
 Y\_\_ N\_\_ Chews on toys, objects, clothing

Name:

**Signs of an essential fatty acid deficiency:**

- Y\_\_ N\_\_ Keratosis pilaris  
 Y\_\_ N\_\_ Dry, coarse hair

List any therapies your child has now or in the past:

- |   |  |
|---|--|
| <input type="checkbox"/> Speech           | <input type="checkbox"/> Son Rise                              |
| <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> Vision Therapy                        |
| <input type="checkbox"/> Occupational     | <input type="checkbox"/> Social Skills                         |
| <input type="checkbox"/> ABA              | <input type="checkbox"/> Sensory Integration                   |
| <input type="checkbox"/> Counseling       | <input type="checkbox"/> Light Therapy                         |
| <input type="checkbox"/> Anger Management | <input type="checkbox"/> Music Therapy                         |
| <input type="checkbox"/> Floor Time       | <input type="checkbox"/> Listening therapy                     |
| <input type="checkbox"/> Other            | <input type="checkbox"/> Relationship Development Intervention |

**Which therapies have helped the most?** \_\_\_\_\_

**Dental:**

- Y\_\_ N\_\_ Does your child have regular dental visits?  
 Y\_\_ N\_\_ Does your child tolerate visits to the dentist?  
 Y\_\_ N\_\_ Does your child have cavities now? How many? \_\_\_\_\_  
 Y\_\_ N\_\_ Has your child had cavities in the past? How many? \_\_\_\_\_  
 Y\_\_ N\_\_ Has the tooth enamel been eroded by gastric acid?  
 Y\_\_ N\_\_ Have steel caps been placed on the teeth?  
 Y\_\_ N\_\_ Is your child sedated for procedures?  
 Y\_\_ N\_\_ Does your child have an unusually large number of cavities?  
 Y\_\_ N\_\_ Tolerates brushing?  
 Y\_\_ N\_\_ Brushes his or her own teeth?  
 Y\_\_ N\_\_ Regular flossing?  
 Y\_\_ N\_\_ Has had molars sealed?  
 Y\_\_ N\_\_ Uses xylitol products for the oral/nasal cavity?  
                   Circle the xylitol products used:            fToothpaste Mouthwash Gum Candy Nasal spray  
 Y\_\_ N\_\_ Uses a probiotic toothpaste?

**Focus, Attention and Impulsivity:**

- Y\_\_ N\_\_ Has been diagnosed with ADD or ADHD  
 Y\_\_ N\_\_ Poor self-control  
 Y\_\_ N\_\_ Impulsive, acts before thinking  
 Y\_\_ N\_\_ Poor memory for directions and instructions  
 Y\_\_ N\_\_ Dreamy, distracted type  
 Y\_\_ N\_\_ Needs special seating in the classroom  
 Y\_\_ N\_\_ Trouble following directions  
 Y\_\_ N\_\_ Frequently interrupts  
 Y\_\_ N\_\_ Is the class clown  
 Y\_\_ N\_\_ Acts before thinking  
 Y\_\_ N\_\_ Disorganized  
 Y\_\_ N\_\_ Poor planning

Name:

**Activity:**

- Y\_\_ N\_\_ Restless, roams around  
 Y\_\_ N\_\_ Fidgety  
 Y\_\_ N\_\_ Difficulty staying seated  
 Y\_\_ N\_\_ Hyperactive  
 Y\_\_ N\_\_ Talks excessively  
 Y\_\_ N\_\_ Touches everything  
 Y\_\_ N\_\_ Easily excited  
 Y\_\_ N\_\_ Lethargic/fatigued

**Compliance:**

- Y\_\_ N\_\_ Has difficulty following the rules  
 Y\_\_ N\_\_ Argumentative  
 Y\_\_ N\_\_ Engages in negative behavior to get attention  
 Y\_\_ N\_\_ Destruction of household items, furniture or walls  
 Y\_\_ N\_\_ Gets physically aggressive with family members  
 Y\_\_ N\_\_ Gets physically aggressive with classmates, teachers or aides

**Peer Relationships and Behavioral Difficulties:**

- Y\_\_ N\_\_ Would like to have friends  
 Y\_\_ N\_\_ Truly prefers to be alone  
 Y\_\_ N\_\_ Parallel play (plays *near* other children, not *with* them)  
 Y\_\_ N\_\_ Has trouble with group activities  
 Y\_\_ N\_\_ Blames others  
 Y\_\_ N\_\_ Is a "provocative victim"  
 Y\_\_ N\_\_ Bullies or bosses other children  
 Y\_\_ N\_\_ Teases excessively  
 Y\_\_ N\_\_ Unpredictable behavior scares other children away  
 Y\_\_ N\_\_ Is rejected or avoided by others

**Unusual Behaviors:**

- Y\_\_ N\_\_ Opens and closes doors, or sliding doors, for long periods of time  
 Y\_\_ N\_\_ Plays with parts of toys, not the whole toy (spins the wheels, but doesn't play trains)  
 Y\_\_ N\_\_ Stares at fans  
 Y\_\_ N\_\_ Meticulously lines up or stacks toys  
 Y\_\_ N\_\_ Has imaginary play (makes up storylines, makes car noises, etc.)  
 Y\_\_ N\_\_ Gets obsessed with certain topics, toys, movies, TV shows, appliances, etc.  
 Y\_\_ N\_\_ Would play video games all the time, if allowed to do so

**Intellectual Status:** (Your best estimate)

- Has a diagnosis of "ID" (Intellectual Disability) (Formerly known as Mental Retardation)  
 Below average intelligence  
 Average intelligence  
 Above average intelligence  
 Superior intelligence  
 Genius

Name:

**Female Health:**(if applicable)

1. Y\_\_ N\_\_ Regular gynecological visits
2. Age of first menses: \_\_\_\_\_
3. Y\_\_ N\_\_ Birth Control Type: \_\_\_\_\_
4. Please describe any premenstrual symptoms: \_\_\_\_\_
5. Please describe any problems or concerns: \_\_\_\_\_

**Emotional Difficulties:**

1. Y\_\_ N\_\_ Has been diagnosed with a mood disorder Specify: \_\_\_\_\_  
 Y\_\_ N\_\_ Has been diagnosed with anxiety  
 Y\_\_ N\_\_ Frequent mood swings  
 Y\_\_ N\_\_ Irritable  
 Y\_\_ N\_\_ Easily frustrated  
 Y\_\_ N\_\_ Easily angered  
 Y\_\_ N\_\_ Tantrums or outbursts  
 Y\_\_ N\_\_ Often anxious  
 Y\_\_ N\_\_ Depressed or unhappy
2. Y\_\_ N\_\_ Ever had full psychological testing and evaluation (Axis 1-V)?  
 Please include a copy of the report.
3. Y\_\_ N\_\_ Does he/she ever run away?
4. Y\_\_ N\_\_ Ever been in a residential treatment center?  
 Name of facility: \_\_\_\_\_  
 Reason: \_\_\_\_\_
5. Y\_\_ N\_\_ Ever been arrested?  
 How many times? \_\_\_\_\_  
 Reason: \_\_\_\_\_

**Maturity:**

- Y\_\_ N\_\_ Behavior resembles that of a younger child  
 Y\_\_ N\_\_ Prefers younger relationships  
 Y\_\_ N\_\_ Prefers the company of adults

**Life Skills:**

- Y\_\_ N\_\_ Can bathe self  
 Y\_\_ N\_\_ Can dress self  
 Y\_\_ N\_\_ Can brush own teeth  
 Y\_\_ N\_\_ Can help with light housekeeping chores (dishes, vacuuming, dusting)  
 Y\_\_ N\_\_ Can do own laundry  
 Y\_\_ N\_\_ Can do some cooking  
 Y\_\_ N\_\_ Can cross the street safely and unassisted  
 Y\_\_ N\_\_ Is aware of "Stranger Danger"  
 Y\_\_ N\_\_ Has a driver's license  
 Y\_\_ N\_\_ Is a college student  
 Y\_\_ N\_\_ Attends a technical school  
 Y\_\_ N\_\_ Is employed full-time  
 Y\_\_ N\_\_ Is employed part-time  
 Y\_\_ N\_\_ Has a sheltered job

Name:

## Home Situation:

1. How many homes does the child live in, or divide time between? \_\_\_\_\_

2. If more than one home, will both homes be cooperative with treatment plans? \_\_\_\_\_

3. Please describe any difficult family situations which may hinder treatment:

4. Who lives in the primary home?

- Mother  Grandmother
- Father  Grandfather
- Stepmother  Others List: \_\_\_\_\_
- Stepfather \_\_\_\_\_
- Girlfriend \_\_\_\_\_
- Boyfriend \_\_\_\_\_
- Brothers Ages: \_\_\_\_\_
- Sisters Ages: \_\_\_\_\_

5. Full name, address and phone number of Preschool/School:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. What county is the school in? \_\_\_\_\_

### Family history:(Please check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Allergies                | <input type="checkbox"/> Multiple Sclerosis            |
| <input type="checkbox"/> Alzheimer's              | <input type="checkbox"/> Obsessive Compulsive disorder |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Parkinson's                   |
| <input type="checkbox"/> Autism                   | <input type="checkbox"/> Seizures                      |
| <input type="checkbox"/> Celiac disease           | <input type="checkbox"/> Tic disorders                 |
| <input type="checkbox"/> Chronic Fatigue syndrome | <input type="checkbox"/> Thyroid disorders             |
| <input type="checkbox"/> Crohn's disease          | <input type="checkbox"/> Tourette disorder             |
| <input type="checkbox"/> Eczema Yeast problems    | <input type="checkbox"/> Ulcerative colitis            |
| <input type="checkbox"/> Fibromyalgia             | <input type="checkbox"/> Wheat (gluten) sensitivity    |
| <input type="checkbox"/> Genetic disorders        |  |
| <input type="checkbox"/> Irritable Bowel Syndrome |  |
| <input type="checkbox"/> Lupus                    |  |

Name:

Medication/Supplement Log  
List all prescription and over-the-counter supplements  
Date: \_\_\_\_\_

**Prescriptions:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Over-The-Counter Supplements:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Please list any surgeries from the age of 2 and older:

---

---

*Revised March 2018*

Name: